



# CHARTWELLS CATERING



## Breakfast Options

### **The Traditional Breakfast Buffet** **\$13.29 per person**

Pancakes or French Toast, Scrambled Eggs with Peppers and Cheese, choice of 2: Bacon, Ham or Sausage, Seasoned Country Style Potatoes, Seasonal Fresh Fruit, Gourmet Breakfast Pastry Display, Premium Roast Coffee, Hot Tea, and Orange and Apple Juice.

### **Meeting Well Breakfast** **\$10.49 per person**

Low Fat Granola and Kashi Cereal  
Seasonal Fresh Fruit and Low-Fat Vanilla Yogurt  
Hearty Harvest Apple Muffin  
Whole Wheat Bagels served with Promise Spread, Lite Cream Cheese, Preserves and Peanut Butter  
Iced Tea with Lemon and Equal or Lemonade

### **Meeting Well Breakfast Two** **\$13.49 per person**

Oatmeal with Brown Sugar, Raisins and Fat-Free Milk  
Frittata with Ham and Cheese  
Sweet Potato Hash with Peppers  
Hearty Harvest Apple Muffins  
Whole Wheat Bagels served with Promise Spread, Lite Cream Cheese, Preserves and Peanut Butter  
Fresh Seasonal Fruit  
Iced Tea with Lemon and Equal or Lemonade

### **Country Breakfast Buffet** **\$12.59 per person**

Scrambled Eggs, choice of 2: Bacon, Ham or Sausage, O'Brien Hash Browns, Buttermilk Biscuits with Spreads, Fresh Seasonal Fruit, Coffee, Hot Tea and Orange Juice.



Sample Menu

For more information contact The Student Life Center at 312-939-0112

## Chartwells Deli Boxed Lunches Options

**\$9.79 per person**

Served with Choice of Sandwich, Chips & a Cookie

Club Wrap Boxed Lunch: this delicious Wrap includes Ham, Turkey, Bacon and Swiss Cheese topped with Lettuce and Tomato

Italian Hoagie Boxed Lunch: topped with Ham, Turkey, Salami, Provolone Cheese, Lettuce, Tomato and Italian Pepper Relish

Vegetable Wrap Boxed Lunch: a Garlic-Herbed Wrap stuffed with Fresh Seasonal Vegetables and Cheese

Mediterranean Chicken Wrap Boxed Lunch: Crispy Chicken Strips, Shredded Lettuce, Tomato, Cucumber, Feta Cheese and Oregano in a Wheat Tortilla Wrap

Veggie Deli Croissant Boxed Lunch

Ham Deli Croissant Boxed Lunch

Turkey Deli Croissant Boxed Lunch

Cheese Deli Croissant Boxed Lunch



Sample Menu

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## Chartwells Dinner Options

### Of This Earth

**\$11.79 per person**

Herbed and Grilled Portabella Mushrooms layered with Sweet Peppers, Spinach and Zucchini served over Polenta (vegan)

Vegetable Frittata with Asparagus, Peas, Sweet Onion and Artichoke with fresh chopped Herbs and Parmesan Cheese (vegetarian)

Brown Rice Pilaf

Red Pepper and Chick Pea Salad

Garden Greens

Toasted Pita Chips

Condiments

Cookies

Lemonade or Iced Tea

### Southern Hospitality

**\$13.99 per person**

Pulled BBQ Pork Shoulder and Carolina Honey Mustard

Grilled Chicken Breast

Cheddar Mac

Vegetarian Calico Baked Beans

Cole Slaw

White and Wheat buns

Cookies

Condiments

Lemonade or Iced Tea

Sample Menu

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**Taco Salad Buffet**

**\$13.99 per person**

Tortilla Salad Bowls

Seasoned Beef

Southwest Shredded Chicken

Black Beans

Lettuce, Tomatoes, Cheese

Sour Cream, Salsa, Guacamole

Fiesta Fruit Salad

Condiments

Cookies

Lemonade or Iced Tea

**Greek Celebration**

**\$15.99 per person**

Chicken Souvlakia

Gyros

Spanakopita

Tomato, Onion, Tzatziki Sauce

Greek Salad

Pita Bread

Condiments

Cookies

Lemonade or Iced Tea

Sample Menu

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### **Italiano**

**\$12.89 per person**

Meat Sauce, Marinara Sauce

Penne, Spaghetti

Parmesan Cheese

Roasted Italian Vegetables

Garlic Bread

House Salad with 2 Dressings or Caesar Salad

Condiments

Cookies

Lemonade or Iced Tea

### **Ciao Roma**

**\$13.69 per person**

Chicken Marsala

Baked Penne Alfredo with Roasted Red Pepper, Spinach and Cracked Black Pepper

Sautéed Vegetable Medley

Caesar Salad

Parmesan Garlic Bread

Condiments

Cookies

Lemonade or Iced Tea

### **Burgers & BBQ Chicken**

**\$12.89 per person**

Grilled Hamburgers, Barbequed Chicken Breast, Veggie Burgers, Potato Salad and Watermelon.  
Includes Condiments, Cookies, Lemonade or Iced Tea.

Sample Menu

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**Meeting Well Mediterranean Buffet**

**\$12.99 per person**

Grilled Mediterranean Chicken

White Bean Spread and Tuna Salad served with Whole Wheat Pitas

Greens and Herb Salad

Vegetable Soup (vegetarian)

Mini Cookies and Brownies

Fresh Seasonal Fruit

Iced Tea with Lemon and Equal or Lemonade

**Meeting Well Home-style Comfort**

**\$14.99 per person**

Turkey Meatloaf with Roasted Red Pepper Sauce

Roasted Cauliflower Mashed Potatoes

Lemon Pepper Steamed Broccoli

Iceberg Wedge Salad with Tomato Basil Relish and Parmesan Cheese

Mini Cookies and Brownies

Iced Tea with Lemon and Equal or Lemonade



Sample Menu

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